



College Station ISD School Health Advisory Council

Regular Meeting Agenda
October 27, 2021
6:00 - 7:00 PM
CSISD Boardroom

In attendance at the meeting: Maryam Ahmed, Tracey Calanog, Kristin Cullifer, Erin Ferris, Bridgett Goodlett, Alyssa Locklear, Kimberly McAdams, Elisa Beth McNeill, Tiffany Parkerson, Mary Parrish, Sherrell Paull, Anne Scott, Magan Smith, Megan Symank, Chritine Wallace, Courtnie Sample, Karen Westbrook, Kynsie Benefield, Anna Davis, Victoria Shaw, Micah McNeill, Natalie Shigg, Lauren Park, Jeff Mann.

As required by the State of Texas, School Health Advisory Council meetings must meet the requirements of the open meetings act, allow for public comment, prepare and keep minutes of meetings, make a recording of the meeting, and post this information on the district website.

All postings regrading CSISD SHAC Meeting can be found at the following website:
https://www.csisd.org/departments/health_services/school_health_advisory_council_wellness_plan

The following items will be included on the agenda for the October 27, 2021 meeting:

Item Nos.	Description
A.	<p>Welcome and Introductions</p> <ul style="list-style-type: none"> ● Mr Reed began the meeting reminding attendees to please talk with anyone they know to please consider being a member of SHAC. We would like to see more parent participation on the committee. If we add members, we can send an addendum to the board regarding the SHAC membership. ● Oct 28, 2021 beginning time: 6:04pm ● If you are interested in being in sub committees, please let the SHAC president, Mr. Reed, or Mr. Mann know and they will be able to help you to be on a sub committee. ● We must select a chairperson. Opened the floor for nominations <ul style="list-style-type: none"> ○ Magan Smith nominated Tracey Calanog ○ Seconded Erin Ferris ○ All presented raised their hand in favor of the nomination ● We must have a secretary. The primary responsibility will be to take the minutes of the meeting

	<ul style="list-style-type: none"> ○ The floor opened for nominations ○ Tracey Calanog nominated Magan Smith ○ Seconded Erin Ferris ○ All presented raised their hand in favor of the nomination ● Everyone in attendance introduced themselves and stated their connection to the school district. ● Mr Reed re-emphasized that we need more parent involvement on the SHAC committees from the parent community.
B.	<p>Hearing of Citizens / Public Comment</p> <ul style="list-style-type: none"> ● All comments related or not related to an agenda item at this meeting will be heard at this time <ul style="list-style-type: none"> ○ No Comments
C.	<p>Overview of the CSISD School Health Advisory Council (SHAC)</p> <ul style="list-style-type: none"> ● What are school health advisory councils ● Why do school health advisory councils exist <ul style="list-style-type: none"> ○ Tracey Calanog gave an overview as to the expectations for the SHAC committee ○ Stated that the SHAC is responsible for making recommendations to the board for the board to consider ○ Stated the previous year's activities <ul style="list-style-type: none"> ■ Vaping, Cell Phones, Electronics, Mental Health - Mental Wellness, Recess Policies, Middle School Athletic Trainer Addition, Health Curriculum, PE Curriculum ○ There has been lots of legislation this year that we will discuss ● We would like community input on topics that are discussed this year so please be prepared to have conversation when you come to meetings ● Please encourage other parents in CSISD to attend the next meeting on Nov. 17 at 6:00pm in the Boardroom ● We will break down into 2 sub committees <ul style="list-style-type: none"> ○ The gigantic nature of HB 1525 ○ Focus on the Wellness Plan overall
D.	<p>Responsibilities of the SHAC</p> <ul style="list-style-type: none"> ● Legislative Updates <ul style="list-style-type: none"> ○ Updates that Impact the SHAC from the 87th Legislative Session ○ School District Policy Regarding Human Sexuality Instruction -- EHAA (LEGAL) ○ Adoption of Instructional Materials -- EHAA (LEGAL) ● Texas Education Agency Requirements <ul style="list-style-type: none"> ○ Jeff Mann informed the SHAC membership that we have had legislative changes that we must make sure we follow. The most notable changes are the requirement of the open meetings act, the sharing of how the district informs parents of when and how we teach human sexuality instruction to students and what parents need to do if they are not wanting their child to be a part of that process. It was also shared that the SHAC members will be a part of the curriculum adoption process. Members can opt in to being a member of a sub committee to help in the selection

	<p>process, or they can just receive the updates as a part of the SHAC meetings.</p>
<p>E.</p>	<p>Health / Physical Education Curriculum Updates</p> <ul style="list-style-type: none"> ● TEKS Adoption Update ● Instruction Materials Adoption Information <ul style="list-style-type: none"> ○ Mrs. Symank gave the membership an update as to the current TEKS adoption as well as with the instructional materials adoption information and how to contact her to be a member of that selection committee ○ Mrs. Symank let the committee membership know that changes are coming to the Health and PE teks and we will see these changes in CSISD. This work is currently underway and will more will be shared more in the coming meetings ○ If you want to be on the instructional materials adoption process, please email Megan Symank : msymank@csisd.org ● Dr. McNeil spoke regarding physical education and health. She expressed concerns that health is an afterthought based upon the presentation. She expressed concern that our teachers are doing all they can do but she wants to know if there is a plan for what changes we will make to teach health in all levels. Is there a plan to teach health at the high school level and make it a graduation requirement. <ul style="list-style-type: none"> ○ Mr. Reed commented that there will be meetings in November where materials will be reviewed ○ Mrs. Parkerson stated the instructional materials will be reviewed by the SHAC. She also stated that the health courses and curriculum are being examined internally regarding the placement of health in the grade levels across CSISD. We want students to learn at the necessary depth and complexity related to the health curriculum ● Ms. Mary Parish: The term body sculpting is used for girls PE classes but we have boys weight lifting, why is that so? The concern is the language of body sculpting is antiquated language. <ul style="list-style-type: none"> ○ Mrs. Symank responded that the TEKS are covered in the same manner but the courses are geared towards males and females. ○ The new TEKS will change the different titles of courses and how we classify our courses. <p>Mr. Reed stated that he asked Ms. Myriam Ahmed to come and speak to the SHAC membership regarding counselors in CSISD and mental health.</p> <ul style="list-style-type: none"> ● Ratios of counselors to students was shared with the membership ● Quite a bit of time is spent by counselors doing paperwork ● We do have two district licensed professional counselors, one for elementary and one for secondary. These staff members support students and staff in crisis as well as in many other ways ● CSISD has a partnership with TAMU TCHAT counselor programs that began during COVID. This partnership has increased the access to counseling services. The TAMU program has been expanding based upon need. ● Elementary counselors provide lessons with students and secondary

counselors work with students in crisis. There is an effort to have counselor lessons at the high school level. Counselors talk about suicide prevention, healthy relationships, and self care

- Questions
 - Do the students have to be referred to TCHAT?
 - Yes, we have to refer them for services. They do not need a diagnosis, but they do need to talk to us first.
 - If we have a student in crisis and the parent is trying to get services, we are able to help them through TCHAT while they are waiting to attend their appointment.

Mr. Reed reinforced that if you want to be a part of the sub-committees, please let us know.

Are there any other items / areas of concern that anyone would like to share?

- Community Health Major: I am currently helping at Wellborn Middle School and the resources we are using are dated from 2000. Are there plans for providing any updated resources for teachers?
 - Yes, that is a part of the instructional materials adoption process that we will be completing this school year.
- Mrs. McAdams: What are the next steps for us as a committee?
 - Mr. Reed: We want to know who wants to be a part of the selection committee. We will provide updates this year.
- Dr. McNeil: What will the two sub-committees be?
 - The wellness plan sub-committee
 - The instructional materials adoption sub-committee
- Mrs. Smith: If we want to look into investing more into a child's health and wellness, such as more counselors, more health and wellness educators, more physical educators, where does that fall?
 - Mr. Reed: The SHAC committee is the place for that discussion to occur. There was a difference of opinion between the President and Mr. Reed as to which group looks at staffing. Mrs. Calanog believes it fits under the wellness plan committee and Mr. Reed believes the entire SHAC members will be the group to address these concerns.
 - Mrs. Smith: As we move forward, I would love for us to look at staffing for counselors and health educators. We all know I am a big proponent for EC-12 health educators.
 - Mr. Reed: We will look at this, and we may put you in charge of this process.
 - Mrs. Calanog: These staffing additions may help with these issues that we are discussing.

Tracey Calanog : I think one of the best things I love about this group is that we have a very diverse group of members from the district, parents, and community. This committee has been extremely exciting in the work and I really appreciate the work that everyone is doing.

F.

SHAC Wellness Plan Requirements

- Reviewed by Tracey Calanog and she expressed the need for members

	to be a part of a sub-committee to work on updating the SHAC Wellness Plan
G.	<p>Previous / Historical SHAC Work Completed</p> <ul style="list-style-type: none"> ● Mr. Reed & Mrs. Canalog covered the items that have been completed in the past years by the SHAC under the overview of the SHAC section
H.	<p>2021-2022 SHAC Chairperson Selection</p> <ul style="list-style-type: none"> ● Please see the introduction section where the chairperson was nominated and approved by the membership
I.	<p>2021-2022 SHAC Secretary Selection</p> <ul style="list-style-type: none"> ● Please see the introduction section where the secretary was nominated and approved by the membership
J.	<p>Future Meeting Dates</p> <ul style="list-style-type: none"> ● November 17, 2021 <ul style="list-style-type: none"> ○ 6:00 PM ○ CSISD Boardroom ● January 26, 2022 <ul style="list-style-type: none"> ○ 6:00 PM ○ CSISD Boardroom ● February 16, 2022 <ul style="list-style-type: none"> ○ 6:00 PM ○ CSISD Boardroom <p>Board Meeting Report Date</p> <ul style="list-style-type: none"> ● April 19, 2022 <ul style="list-style-type: none"> ○ 7:00 PM ○ CSISD Boardroom
K.	<p>Adjournment</p> <ul style="list-style-type: none"> ● Motion to adjourn... ending time 7:04pm